

SAMPLE COURSE OUTLINE**Course Code, Number, and Title:**

PSYC 2325: Personality

Course Format:

[Course format may vary by instructor. The typical course format would be:]

Lecture 4 h + Seminar 0 h + Lab 0 h

Credits: 3

Transfer credit: For information, visit bctransferguide.ca

Course Description, Prerequisites, Corequisites:

Through the study of classical personality theories and cutting-edge research, students learn how biological, psychological, and sociocultural forces create individual differences in the human personality. Along the way, via personality inventories and self-reflection exercises, students gain an in-depth understanding of their own personalities and are made aware of the potential consequences their personalities have for various well-being, interpersonal, and mental health outcomes. Students also learn about: stability and change in personality across situations and the lifespan; strategies for adjustment, resilience, and self-improvement; and contentious research into sex, gender and personality.

Prerequisites: Minimum of C grade in PSYC 1115 and 1215

Learning Outcomes:

Upon successful completion of this course, students will be able to:

- Describe research designs, personality inventories, and sources of data for measuring and evaluating personality
- Differentiate between, identify theoretical assumptions of, and describe important empirical findings from six domains of knowledge for studying personality: dispositional, biological, intrapsychic, cognitive-experiential, sociocultural, and adjustment
- Identify important figures in the history of personality theory and research, compare and contrast their differing perspectives, and describe the contributions they made to conceptualizing and studying personality
- Explain how evolutionary, genetic, physiological, psychological, social, and cultural factors shape individual differences in personality
- Describe stability, coherence, and change in personality situationally and over the lifespan^[1]
- Describe consequences personality characteristics have for various well-being, interpersonal, and mental health outcomes
- Describe strategies for personality adjustment, building resilience, and self-improvement
- Critically evaluate theories and research on sex differences in personality

snəwəyət̚ leləm̚ Langara College acknowledges that we are located on the unceded territory of the Musqueam people.

Instructor(s): TBA

Office: TBA **Phone:** 604 323 XXXX **Email:** TBA

Office Hours: TBA

Textbook and Course Materials:

[Textbook selection may vary by instructor. An example of texts and course materials for this course might be:]

Larsen, Buss, King, Ensley. "Personality Psychology: Domains of Knowledge about Human Nature". McGraw Hill. 2017.

Note: This course may use an electronic (online) instructional resource that is located outside of Canada for mandatory graded class work. You may be required to enter personal information, such as your name and email address, to log in to this resource. This means that your personal information could be stored on servers located outside of Canada and may be accessed by U.S. authorities, subject to federal laws. Where possible, you may log in with an email pseudonym as long as you provide the pseudonym to me so I can identify you when reviewing your class work.

Assessments and Weighting:

Final Exam 20%

Other Assessments %

(An example of other assessments might be:) %

Midterm Exam: 40%

Assignments: 30%

Portfolio: 10%

Proportion of individual and group:

Individual: 90%

Group: 10%

Grading System: Letter grade

Specific grading schemes will be detailed in each course section outline.

Passing grade: D

Topics Covered:

[Topics covered may vary by instructor. An example of topics covered might be:]

The relative sequence of topics to be covered is as follows:

Introduction to Personality Psychology

Personality Assessment, Measurement, and Research Design

This generic outline is for planning purposes only.

The Dispositional Domain:

Traits and Trait Taxonomies

Theoretical and Measurement Issues in Trait Psychology

Personality Dispositions over Time: Stability, Change, and Coherence

The Biological Domain:

Genetics and Personality

Physiological Approaches to Personality

Evolutionary Perspectives on Personality

The Intrapsychic Domain:

Psychoanalytic Approaches to Personality

Psychoanalytic Approaches: Contemporary Issues

Motives and Personality

The Cognitive/Experiential Domain:

Cognitive Topics in Personality

Emotion and Personality

Approaches to the Self

The Social and Cultural Domain:

Personality and Social Interaction

Sex, Gender, and Personality

Culture and Personality

The Adjustment Domain:

Stress, Coping, Adjustment, and Health

Disorders of Personality

Summary and Future Directions

As a student at Langara, you are responsible for familiarizing yourself and complying with the following policies:

College Policies:

[E1003 - Student Code of Conduct](#)

This generic outline is for planning purposes only.

[F1004 - Code of Academic Conduct](#)

[E2008 - Academic Standing - Academic Probation and Academic Suspension](#)

[E2006 - Appeal of Final Grade](#)

[F1002 - Concerns about Instruction](#)

[E2011 - Withdrawal from Courses](#)

Departmental/Course Policies:

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