

SAMPLE COURSE OUTLINE

Course Code, Number, and Title:

NURS 2209: Healing II: Adult Health and Healing II

Course Format:

[Course format may vary by instructor. The typical course format would be:]

Lecture 4 h + Seminar 0 h + Lab 0 h

Credits: 3

Transfer credit: For information, visit bctransferguide.ca

Course Description, Prerequisites, Corequisites:

Building on Healing I, this course provides a continued exploration of concepts of health, family, and community within the context of wellness. Students also examine significant theoretical and conceptual frameworks of health, including the determinants of health, Aboriginal health, population health, and primary health care, in relation to lived experience of health and healing. By reflecting on the definitions of health and healing, students will begin to appreciate the experience of life with an episodic health challenge and its impact on health, family, and community within the context of wellness. Community resources will also be explored. A feature of this course is to participate in a community health promoting activity. Delivered in a mixed mode format.

Prerequisites: Nursing 2109, 2160, 2161 with a C+ OR Nursing 1103 with a C+ and 1104 with a S;
And Biology 2292 with a C+

Corequisites: Nursing 2260, 2261, 2263

Registration restricted to students admitted to the Nursing program

Learning Outcomes:

Upon successful completion of this course, students will be able to:

- explore the personal meaning of health, family, and community as it relates to healing
- understand the personal meaning of varying and increasingly complex episodic health challenges
- explore nurses' work in relation to people's experiences with health and healing.
- integrate theoretical knowledge within a moral and caring context
- identify common health and healing initiatives related to the varying episodic health challenges
- develop an awareness of the personal meaning of the hospital experience from the perspective of the family
- explore how course concepts relate to the individual's/family's experience of health and healing
- incorporate evidence from research about course concepts when participating in small and large group discussions

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- compare the family's experience of adaptation with what is described in the literature relating to adaptation
- reflect on what has been learned while writing the episodic family paper and how it will influence future practice

Instructor(s): TBA

Office: TBA **Phone:** 604 323 XXXX **Email:** TBA

Office Hours: TBA

Textbook and Course Materials:

[Textbook selection may vary by instructor. An example of texts and course materials for this course might be:]

Community health nursing: A Canadian perspective. Toronto. Pearson.

Note: This course may use an electronic (online) instructional resource that is located outside of Canada for mandatory graded class work. You may be required to enter personal information, such as your name and email address, to log in to this resource. This means that your personal information could be stored on servers located outside of Canada and may be accessed by U.S. authorities, subject to federal laws. Where possible, you may log in with an email pseudonym as long as you provide the pseudonym to me so I can identify you when reviewing your class work.

Assessments and Weighting:

Final Exam 30%

Other Assessments %

(An example of other assessments might be:) %

Quizzes: 50%

Assignments: 20%

Proportion of individual and group work:

Individual: 80%

Group: 20%

Grading System: Letter grade

Specific grading schemes will be detailed in each course section outline.

Passing grade: C+

This generic outline is for planning purposes only.

Topics Covered:

[Topics covered may vary by instructor. An example of topics covered might be:]

Week 1- Introduction to course, Transition, Wellness, Illness, Healing, Preoperative & Intraoperative
Week 2- Transition/Change Postoperative care Prevention & management of postoperative complications
Week 3- Transition/Change Prevention and management of postoperative complications continued
Week 4- Suffering/Grief Pain
Week 5- Balance/Imbalance Fluid & Electrolytes Review Acid/Base Balance
Week - Transition/Change Discharge Planning
Week 9- Control and Abuse Chemical Dependency, Withdrawal
Week 10 Control and Abuse Workplace Abuse, Crisis Management
Week 11 Vulnerability Bipolar disorder/Schizophrenia
Week 12 Suffering/Grief End-of Life Care, Palliative, Hospice & Respite care and related experiences continued
Week 13 Resilience/Hardiness/Courage Supporting Caregivers, Rest & Sleep continued
Wrap-Up

As a student at Langara, you are responsible for familiarizing yourself and complying with the following policies:

College Policies:

[E1003 - Student Code of Conduct](#)

[F1004 - Code of Academic Conduct](#)

[E2008 - Academic Standing - Academic Probation and Academic Suspension](#)

[E2006 - Appeal of Final Grade](#)

[F1002 - Concerns about Instruction](#)

[E2011 - Withdrawal from Courses](#)

Departmental/Course Policies:

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