

SAMPLE COURSE OUTLINE

Course Code, Number, and Title:

NURS 2109: Healing I: Adult Health and Healing I

Course Format:

[Course format may vary by instructor. The typical course format would be:]

Lecture 4 h + Seminar 0 h + Lab 0 h

Credits: 3

Transfer credit: For information, visit bctransferguide.ca

Course Description, Prerequisites, Corequisites:

This course provides a continued exploration of concepts of health, family, and community within the context of wellness. Students also examine significant theoretical and conceptual frameworks of health, including the determinants of health, Aboriginal health, population health, and primary health care, in relation to lived experience of health and healing. By reflecting on the definitions of health and healing, students will begin to appreciate the experience of life with an episodic health challenge and its impact on health, family, and community within the context of wellness. Community resources will also be explored. A feature of this course is to participate in a community health promoting activity. Delivered in a mixed mode format.

Prerequisites: C+ grade in all of BIOL 2192, NURS 1209, 1260, 1261 and an S grade in NURS 1263

Corequisites: NURS 2160, 2161, 2163

Registration restricted to students admitted to the Bachelor of Science in Nursing program

Learning Outcomes:

Upon successful completion of this course, students will be able to:

- explore the personal meaning of health, family, and community as it relates to healing
- understand the personal meaning of varying episodic health challenges
- explore nurses' work in relation to people's experiences with health and healing
- integrate theoretical knowledge within a moral and caring context
- identify common health and healing initiatives related to the varying episodic health challenges
- develop an awareness of the personal meaning of the hospital experience from the perspective of the family
- explore how course concepts relate to the individual's/family's experience of health and healing
- incorporates evidence from research about course concepts when participating in small and large group discussions

snəwəyət̚ leləm̚ Langara College acknowledges that we are located on the unceded territory of the Musqueam people.

- compare the family's experience of transition with what is described in the literature relating to transition
- reflect on what has been learned while writing the episodic family paper and how it will influence future practice

Instructor(s): TBA

Office: TBA Phone: 604 323 XXXX Email: TBA

Office Hours: TBA

Textbook and Course Materials:

[Textbook selection may vary by instructor. An example of texts and course materials for this course might be:]

"Community health nursing: A Canadian perspective". Toronto. Pearson.

Note: This course may use an electronic (online) instructional resource that is located outside of Canada for mandatory graded class work. You may be required to enter personal information, such as your name and email address, to log in to this resource. This means that your personal information could be stored on servers located outside of Canada and may be accessed by U.S. authorities, subject to federal laws. Where possible, you may log in with an email pseudonym as long as you provide the pseudonym to me so I can identify you when reviewing your class work.

Assessments and Weighting:

Final Exam 30%

Other Assessments %

(An example of other assessments might be:) %

Quizzes: 50%

Assignments: 20%

Additional Information:

Proportion of individual and group:

Individual: 80%

Group: 20%

Grading System: Letter grade

Specific grading schemes will be detailed in each course section outline.

Passing grade: C+

This generic outline is for planning purposes only.

Topics Covered:

[Topics covered may vary by instructor. An example of topics covered might be:]

Week 1 Introduction to course, Transition, Wellness/Illness, Patient Safety

Week 2 Transition/Change Growth & Development, Middle Adulthood (Burnout, Mid-life crisis)

Week 3 Transition/Change Health & Healing, Determinants of Health

Week 4 Transition/Change Cultural Competence/Stress, Unpredictability, Hospitalization, Ambiguity, and Changing Environments, Discharge Planning, Home Health Care

Week 5 Balance/Imbalance Inflammation, Obstructive Degeneration, Altered Cell Growth

Week 7 Balance/Imbalance Fluid & Electrolytes

Week 8 Energy/Healing DKA & Anaphylactic Shock

Week 9 Control and Abuse Chemical Dependency, Poverty

Week 10 Control and Abuse Elder Abuse/Domestic Violence/Horizontal Abuse

Week 11 Vulnerability HIV/AIDS, Pain, Depression, Suicide

Week 12 Suffering/Grief End-of Life Care, Palliative, Hospice & Respite care and related experiences

Week 13 Resilience/Hardiness/Courage Supporting Caregivers, Rest & Sleep

Wrap-Up

As a student at Langara, you are responsible for familiarizing yourself and complying with the following policies:

College Policies:

[E1003 - Student Code of Conduct](#)

[F1004 - Code of Academic Conduct](#)

[E2008 - Academic Standing - Academic Probation and Academic Suspension](#)

[E2006 - Appeal of Final Grade](#)

[F1002 - Concerns about Instruction](#)

[E2011 - Withdrawal from Courses](#)

Departmental/Course Policies:

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