

## SAMPLE COURSE OUTLINE

Creation date: March 12, 2020

Revision date: March 12, 2020

### Course Code, Number, and Title:

HCAS 1220: Caring for Individuals Experiencing Cognitive or Mental Health Challenges

### Course Format:

[Course format may vary by instructor. The typical course format would be:]

Lecture 4.0 h + Lab 1.5 h

**Credits:** 3

**Transfer Credit:** For information, visit [bctransferguide.ca](http://bctransferguide.ca)

### Course Description, Prerequisites, Corequisites:

Students integrate content from earlier courses to explore concepts and caregiving approaches that will allow them to work effectively with individuals experiencing cognitive or mental health challenges. Emphasis is placed on supporting clients with dementia, recognizing responsive behaviours, and identifying person-centred intervention strategies.

Prerequisites: HCAS 1100; HCAS 1101; HCAS 1110; HCAS 1120; HCAS 1130; HCAS 1140

Corequisites: HCAS 1210; HCAS 1240; HCAS 1260

### Learning Outcomes:

Upon successful completion of this course, students will be able to:

- Describe ways to organize, administer and evaluate person-centred care and assistance for clients experiencing cognitive health challenges (dementia)
- Describe ways to organize, administer and evaluate person-centred care and assistance for clients experiencing mental health challenges (other than dementia)
- Demonstrate an understanding of effective approaches to disruptive or abusive behaviours

**Instructor(s):** TBA

**Office:** TBA

**Phone:** (604) 323-XXXX

**Email:** TBA

**Office Hours:** TBA

**Textbook and Course Materials:**

[Textbook selection may vary by instructor. An example of texts and course materials for this course might be:]

Sorrentino, S., Remmert, L., Wilk, M.

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Mosby's Canadian Textbook for the Support Worker 4th Canadian Edition

Sorrentino, S., Remmert, L., Kelly, R., Wilk, M., Cammaert, M.

Workbook to accompany Mosby's Canadian Textbook for the Support Worker 4th Canadian Edition

For textbook information, visit [https://mycampusstore.langara.bc.ca/buy\\_course/listing.asp?selTerm=3|8](https://mycampusstore.langara.bc.ca/buy_course/listing.asp?selTerm=3|8)

*Note: This course may use an electronic (online) instructional resource that is located outside of Canada for mandatory graded class work. You may be required to enter personal information, such as your name and email address, to log in to this resource. This means that your personal information could be stored on servers located outside of Canada and may be accessed by U.S. authorities, subject to federal laws. Where possible, you may log in with an email pseudonym as long as you provide the pseudonym to me so I can identify you when reviewing your class work.*

**Assessments and Weighting:**

(An example of assessments might be:) %

Midterm = 25%

Assignments = 50%

Quizzes/Tests = 25%

**Grading System:** Letter grade

Specific grading schemes will be detailed in each course section outline.

Passing Grade = C+

*Information unavailable, please consult Department for details*

**Topics Covered:**

[Topics covered may vary by instructor. An example of topics covered might be:]

Cognitive challenges in older adulthood

Confusion and dementia

Philosophies and models of care

Working with individuals experiencing early, moderate or severe dementia

Violence prevention/self defense

Abuse

Responding to or preventing abuse

Mental health challenges

Stigma associated with mental health challenges

Cultural differences in perceptions of mental health challenges

Care for the individual and family experiencing mental health challenges

As a student at Langara, you are responsible for familiarizing yourself and complying with the following policies:

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**College Policies:**

[E1003 - Student Code of Conduct](#)

[F1004 - Code of Academic Conduct](#)

[E2008 - Academic Standing - Academic Probation and Academic Suspension](#)

[E2006 - Appeal of Final Grade](#)

[F1002 - Concerns about Instruction](#)

[E2011 - Withdrawal from Courses](#)

**Departmental/Course Policies:**

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